

# BE A COMMUNITY OF IMMUNITY.



## Let's move forward.

We all have something we're *looking* forward to, but it's the COVID-19 vaccines that can help us *move* forward. Towards working side-by-side and face-to-face. To meeting for lunch and brainstorming over coffee.

### Understand the facts

Here's what we know about the COVID-19 vaccines currently authorized by the US Food and Drug Administration:

- **They're safe** – These vaccines have undergone the most intense safety monitoring in US history. Side effects from the vaccines are typically mild. In fact, some people experience no side effects.<sup>1</sup>
- **They work** – Studies show the vaccines are not only effective at preventing the virus but they are also highly effective at preventing severe illness, hospitalization and death.<sup>2</sup>
- **They offer protection** – Getting vaccinated not only protects you but may also help protect those around you.<sup>3</sup> According to the CDC, when you are fully vaccinated – which is about two weeks after your final dose – you can safely visit with other fully vaccinated people indoors.<sup>4</sup>
- **They're available at no additional cost to you**<sup>5</sup>

### Join the millions who've been vaccinated

Nearly 200 million people have received at least one dose of a COVID-19 vaccine in the United States.<sup>6</sup> But we still have a long way to go.

Let's continue this momentum within our own community – where we live and work. Everyone doing their part is the best way for us to move forward. Get your COVID-19 vaccine, and encourage your friends, family and coworkers to do the same.



### Find out when and where you can get vaccinated.

To view eligibility information based on where you live, visit [Cigna.com/vaccinesbystate](https://Cigna.com/vaccinesbystate).

Share these facts on social media to help build our **#CommunityOfImmunity**.



1. Centers for Disease Control and Prevention (CDC). "Safety of COVID-19 Vaccines." Accessed April 7, 2021.  
2. Stat News, "Comparing the Covid-19 vaccines developed by Pfizer, Moderna, and Johnson & Johnson," [www.statnews.com/2021/02/02/comparing-the-covid-19-vaccines-developed-by-pfizer-moderna-and-johnson-johnson/](https://www.statnews.com/2021/02/02/comparing-the-covid-19-vaccines-developed-by-pfizer-moderna-and-johnson-johnson/). February 2, 2021.  
3. CDC. "Benefits of Getting a COVID-19 Vaccine." Accessed January 5, 2021.  
4. CDC. "When You've Been Fully Vaccinated." Accessed April 2, 2021.  
5. For plans that cover preventive services at 100%.  
6. CDC. "COVID-19 Vaccinations in the United States." <https://covid.cdc.gov/covid-data-tracker/#vaccinations>. Accessed April 22, 2021.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna Behavioral Health, Inc., and HMO or service company subsidiaries of Cigna Health Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

